



**Big Brothers Big Sisters
of Oshawa-Whitby**

BIG NEWS!



Katie & Jasmine helping out at Marble Slab during their Cones for Kids campaign in August in support of BBBSOW.

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BIG Picnic was Awesome!

Big Brothers Big Sisters agencies across Durham Region came together to celebrate Big Brothers Big Sisters month at their 3rd Annual BIG Picnic on September 19, 2010

During the day Bigs, Littles and their families enjoyed a game of People Bingo, Drumming Circle, Limbo, Potato Sack Races, Water Balloon Toss and a Tug of War.

Thank you to Ron Cross for the African Drumming lesson.

Representatives from RBC Foundation presented Big Brothers Big Sisters agencies from Durham Region with a

cheque for \$17,500 raising their total 2010 donation to \$27,500 in support of the In-School Mentoring Program.

The North Oshawa Lions Club did an awesome job preparing burgers and hot dogs while the extremely popular Corn on the Cob was prepared by the Port Perry Lions Club.

We are already looking forward to next



BIG BROTHERS BIG SISTERS' FOR GOLF KIDS SAKE

Our 13th Annual Golf For Kids Sake took place on September 22nd, 2010 at Oakridge Golf Club. This years event was a BIG Success raising over \$20,000. Thank you to the participants, volunteers, board and committee members and sponsors who helped to make this event so successful.

A special thank you to former Big and Little Dave & Ray, Big Sister of the Year Karen T. and her Little Sister Holly, and Big Brother of the Year Brad A. and his Little Cameron who all shared their experiences of being a Big and Little with the audience. You did a great job!

A Big Thank you to Ian McCutcheon Golf For Kids Sake Committee Chair – awesome work!

**“Volunteers are
paid in six
figures...
S-M-I-L-E-S”**

--Gayla LeMaire

HAPPY BIRTHDAY

September

Cameron R.
Larry L-C.
Scott L-C.
Wesley P.
Michelle D.
Patsy T.

October

Brooke O.
Cara R.
Jasmine R.
Kirsten M.
Amy H.
Brady C.
Quinton M.

November

Cameron M.
Ashley N.



New Matches

June 2010

BB Patrick B. & LB Carter P.

July 2010

BB Liban A. & Jonathon P.
BS Sue S. & Mary-Lynn R.

August 2010

BS Amber G. & LS Jennifer H.

September 2010

BS April M. & LS Crystal H.

September is Big Brothers Big Sisters Month!!

Whether you are a Big, Little, Parent or Guardian you can help out in a Big Way by helping us to create awareness about our agency. The best part is it doesn't cost anything!

All we ask is the you constantly talk about us!

Tell all your friends, families, neighbours, co-workers and strangers that you meet about our agency. Encourage them to become a Big, get involved in our fundraising events and/or spread the word themselves. Word of mouth and telling your story is a powerful way to reach out to people.

Don't forget to "[Like](#)" our FaceBook page

Nominations Now Being Accepted

The time of year when we honor our volunteers for the great job they have done has once again come upon us. It is also a great way for you to share with your Big the impact they have had on your life.

Little Brothers and Sisters, family members and friends can nominate candidates for 2010 Big Brother, Big Sister, Rookie and In-School Mentor of the Year awards. Simply write, fax or e-mail us and tell us why you think your Big should win.

We will be announcing and presenting our winners at our annual Christmas Party (date to be announced). Award winners may be called upon, with their Little throughout the year to represent our agency at various events.

E-mails can be directed to kellybbbs@bellnet.ca

Nominees are being accepted for....

Big Brother and Sister of the Year. This is a Big who has been matched for at least one year in 2010 and has demonstrated exceptional commitment to their little Brother or Sister.

Rookie of the Year. Is a Big Brother or Sister who has been matched for less than one year and who has shown exceptional commitment to their Little Brother and Sister.

In-School Mentor of the year will also be up for grabs. Parent Teachers, Principals and Mentees may write in and tell us how their In-School Mentor has affected .

BIG THANKS!

With Thanksgiving right around the corner we would like to offer our thanks to all those you have volunteered and supported our agency over this past year.

We would like to make special mention to the following for their recent and on going support:

All of Our Volunteers

United Way of Oshawa-Whitby
Clarington-Brock & Scugog

RBC Foundation

Ministry of Education

Ontario Trillium Foundation

The Astrological Volunteer Guide!

Libra: Sept 23-Oct 23

Equilibrium is your middle name – you can juggle work, play, love and volunteering! You know how to balance your activities without missing a beat. People appreciate your help because you are so supportive and non-judgemental. You are a great defender of lost causes and you will surely win them all!

Volunteer Guide: hospitals, schools, office work, fundraising, sports activities would appeal to Libra!

GET THOSE NOMINATIONS IN TODAY!
Nomination Deadline is November 12, 2010

PEPSI REFRESH PROJECT

On October 1st 2010 Big Brothers Big Sisters of Oshawa-Whitby will be Submitting an application for funding to facilitate and furnish a new "REC ROOM" for our Bigs and Littles to enjoy and we need your vote!!

Once our application has been submitted (October 1, 2011) we are asking everyone to vote for us!
You can vote everyday if you like...get everyone you know to vote as well!

If we are voted #1 and our funding is approved the "REC ROOM" will included big screen TV's, video games, pool tables, board & card games and will be open 1-2 nights a week for Bigs and Littles to just drop in and hang out!

DON'T FORGET TO VOTE EACH & EVERY DAY!!!!

Visit www.refresheverything.ca for more details.
Once our application has been submitted we will send you the link so you can cast your vote!

Ontario Science Centre Tickets & Coupons

Free admittance tickets for children & youth 17 and under.

\$2.00 admittance coupons for adults.

If you are interested give us a call!

Big & Little Monthly Bowling Passes Are In!!!

This pass entitles a Big & Little match to 1 free game of bowling each per month at NEBS (shoe rental not included.)

If you are a **BIG** and are interested please give us a call to make arrangements to pick up your pass.

2 New Programs at BBBSOW!



Go Girls!

Healthy Bodies, Healthy Minds is a program designed to address the physical activity, balanced eating and positive self-image needs of young women ages 12-14 based on a group mentoring model.

The program consists of 7 mentoring sessions conducted over a 7-10 week period. Each session is 1-2 hours in length and is held within school facilities during lunch or after school.

The main goal of the Go Girls! Program is to develop an appreciation of the benefits of an active, healthy, lifestyle among girls' aged 12 to 14.



Game On!

Eat Smart, Play Smart, Live Smart is a program designed to address the physical activity, healthy eating, self-esteem and communication skills of young men ages 12-14 based on a group mentoring model.

The program consists of 7 mentoring sessions conducted over a 7-10 week period. Each session is 1-2 hours in length and is held within school facilities during lunch or after school.

The main goal of the Game On! Program is to develop an appreciation of the benefits of an active, healthy, lifestyle among boys' aged 12 to 14.

Volunteers Needed!

To lead fun & active mentoring sessions with 12-14 year old boys and girls in the Go Girls and Game On programs.

If you have a couple of hours a week to spare for a minimum 7 weeks then give us a call.

If you know of someone who might be perfect for the job then encourage them to give us a call.

A couple hours is all it takes to make a huge impact on a Childs life.

It's not a "school" thing it's a "life" thing. Check it out!

Upcoming Activities

Chocolate Bar Bingo

Wednesday October 13/10
BBBSOW Office
6:30-8:30pm

Join us for a night of the ever popular Chocolate Bar Bingo! All you need to bring is 1 or 2 of your favourite chocolate bars.

Spots fill quickly so register ASAP!

BOXING CLASS!!

Saturday Oct. 16th
12noon
Durham Boxing
Academy in Ajax



Join us for an introductory boxing class. If there is enough interest we could make it a monthly activity. Equipment provided.

There are only 20 spots so sign up today!!

Monthly Dance Classes for Littles

Saturdays at 11am starting
November 6th
Location to be determined

Come out and learn ballet, jazz and more for free!
All equipment provided.

Call today to register!



It's a Halloween party that will be such a fright. Dancing, games, prizes, eating & music all night!

Biggs & Littles are invited to join us for a

Big Brothers Big Sisters Halloween Bash

Thursday October 28, 2010
6:30-9:00pm
Lake Vista Clubhouse
450 Emerald Ave, Oshawa

RSVP by October 8/10

Only those wearing costumes will be granted admittance! Muh Ha Ha Hall!
This activity is pot luck!

Let us know what you are able to bring or ask us what is needed.

Wednesday Nov 10th
6:30-8:30pm
BBBSOW Office

Join us for an evening of riddles, evidence collecting and crime solving.

Space is limited and you must RSVP on or before October 8th to participate. Although your attendance isn't required until November 10th the mystery/game will start October 12th!!

YOU HAVE BEEN INVITED TO A **MURDER MYSTERY Party**

CRIME SCENE - DO CROSS CRIME SCENE

Cookie Exchange

Join us for this great annual tradition where we will make some crafts, play some games and socialize while having refreshments!



November 24/10 6:30-8:30pm
BBBS Office

Please register by November 12/10 so we can determine how many cookies everyone needs to make.

Lazer Tag

December 14th/10
6:45-8:00pm
Lazer Extreme 44 Bond Street Oshawa

Space is limited register today!